



# COUNTYWIDE FITNESS CHALLENGE 2015



## PLAY FOR LIFE!

Join us for a day of family fun featuring the "triath-a-fun!"—  
fitness walks, bicycle fun rides and pedalboat rally.

PEDALBOAT AND KAYAK RALLY\*

BICYCLE FUN RIDE\*

5K RUN

FITNESS POWER WALKS

HEALTH SCREENINGS

PICNIC AREA

FREE GIVEAWAYS  
DRAWING PRIZES

### Santa Fe Dam Recreation Area

15501 Arrow Highway  
Irwindale, CA 91706  
1st Supervisorial District

**Saturday,  
October 17, 2015**

**8:00 a.m. – Noon**

\*Kayaks, pedal boats, bicycles/buggies will be provided

RSVP to secure your giveaways at <http://dhr.lacounty.info>

